



Early Childhood and SA Professional Development

October—December 2010
January 2011

Web site www.resourcesforbetterliving.com

You have asked for it...

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**6 – 9 p.m.
weekday sessions**

- Many choices of Tuesday and/or Thursday dates
- October thru January

Now you have a choice of Saturday workshops OR Tuesday/Thursday weekday evenings. Yes, CEU credit is available for all.

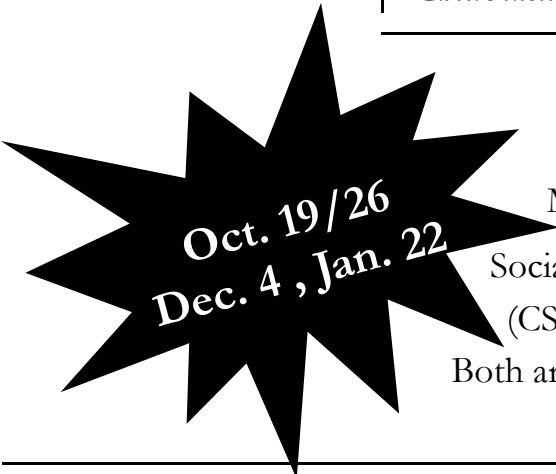
Check inside newsletter for details.

More
**Friday Lunch Bunch
for Directors & AD**

DIRECTORS and AD you are invited to join us for lunchtime Friday workshops. Come network with other leaders of pre-schools and childcare centers. Bring your lunch.

- Oct. 15**— Effective Leadership
- Nov. 5**— Diffusing Parent Concerns
- Dec. 10**— Time Management
- Jan. 28, 2011**— Keeping Morale Up

Check inside newsletter for details.

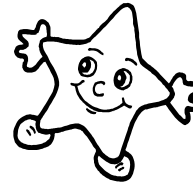


Cradling Literacy Series

Materials developed by Zero to Three and the Center on Social and Emotional Foundations for Early Learning (CSEFEL). Trainers: Amy Vandever and Nicki Patton Rowe. Both are certified Level 5 trainers. *Check inside newsletter for details.*

800-800-6217

502-327-6393



Early Childhood and SA Professional Development 2010

Oct. 2

Orientation (KY Curriculum as mandated for new staff by KRS.199.896 and KRS199.8982)
 CDA 1 & 8 \$45 9 AM—3:30 PM For: New staff Training Level 1
 Presenter: Linda T. Bratton
 Location: **Fairfield Inn**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

Oct. 15
Friday

Lunch Bunch: *Effective Leadership*
 CDA 5 \$20 1—3 PM For: D/AD/Lead Training Level 3
 Presenter: Amy Vandever
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway
 Developing your leadership skills and enhancing your center culture



Oct. 16

ADHD (Attention Deficit Hyperactivity Disorder): Myths & Realities
 CDA 6 \$25 9 AM—Noon For: all ages/D Training Level 4
 Presenter: H. Otto Kaak, M.D., Professor of Psychiatry and Pediatrics UK
 Location: **Fairfield Inn**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway
 This workshop will explain what is known about the causes of ADHD, the differential diagnosis, and various treatments available. Particular emphasis will be on what the classroom teacher can do, and not do, to help affected children and their parents.

Oct. 16

Stress Less and Get Organized!
 CDA 1, 6 \$20 1—4 PM For: all staff/D Training Level 2
 Presenter: Theresa Stewart
 Location: **Fairfield Inn**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway
Are you feeling a little stressed? In our modern world it is very difficult, if not impossible, to avoid stressful situations. Learn what you can do to change how you react to stressful situations and how prepared you are to meet them. Organization is key to reducing stress in your life!

Oct. 19 &
Oct. 26
Tues.

Cradling Literacy Mini-Series #1 and #2 (9 credit hours)
To earn 9 hours of credit you must attend both classes Oct. 19 and Oct. 26 and complete a "homework" assignment.
 CDA 2 \$60 6—9 PM For: Infants thru Preschool TL 3
 Presenter: Amy Vandever
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway
 Early language and literacy development in Infants through Preschool. Learn the impact of story-telling, relationship-building, and engagement; as well as practical tips for developing language and literacy skills in children.

Oct. 23

Cooking with Kids

CDA 2,3 \$25 9 AM—Noon For: Ages 3,4.5's Training Level 2
 Presenter: Felicia Alfred
 Location: **Strathmoor Presbyterian Church**, 2201 Hawthorne Ave., across from
 Assumption HS, Louisville

Grab your aprons and favorite children's book, and let's learn how to turn a book into a cooking activity. Participants will learn how to extend a book with a cooking activity.

Oct. 23

Science Thematic Units

CDA 2 \$20 1—4 PM For: Ages 3,4.5's Training Level 2
 Presenter: Felicia Alfred
 Location: **Strathmoor Presbyterian Church**, 2201 Hawthorne Ave., across from
 Assumption HS, Louisville

Come and explore how you can help young children open their minds to observing solids and liquids, mixtures, motion, and more.

Nov. 2
Tuesday**Intentional Teaching**

CDA 1 & 3 \$20 6—9 PM For: Ages 3,4.5's Training Level 3
 Presenter: Amy Vandever
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway
 Adult Guided vs. Child Guided learning; What to do and When?

Nov. 5
Friday**Lunch Bunch: Diffusing Parent Concerns**

CDA 4 \$20 1—3 PM For: D/AD/Lead TL 3
 Presenter: Amy Vandever
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

How do you turn problems into partnerships?



Nov. 6

Orientation (KY Curriculum as mandated for new staff by KRS.199.896 and KRS199.8982)

CDA 1 & 8 \$45 9 AM—3:30 PM For: New staff Training Level 1
 Presenter: Linda T. Bratton
 Location: **Jameson Inn Fern Valley & I-65**, 6515 Signature Dr, Louisville
 (behind Thornton's Gas)

Nov. 6
Oldham Co**Holiday Activities: Make/Take**

CDA 3, 4 \$25 9:30 AM—12:30 PM For: Preschool/ SA TL 2
 Presenter: Maria Jacobs
 Location: Oldham County Public Library, 308 Yager Ave, **LaGrange KY**

Participants will plan and make a variety of developmentally appropriate holiday activities. Participants will create a holiday resource book to take back to the classroom. **Please bring a glass baby food jar or plastic water bottle** for the make and take portion of the session.

Nov. 6
Oldham Co**Move Those Bodies**

CDA 2 \$20 1—4 PM For: Preschool/ SA Training Level 2
 Presenter: Maria Jacobs
 Location: Oldham County Public Library, 308 Yager Ave, **LaGrange KY**

Participants will learn how to incorporate large and small muscle skills into your daily program. Class incorporates the importance of team building activities. Come dressed to move your body!

L O U I S V I L L E

Nov. 11
Thursday

Generations at Work: Understanding my co-workers

CDA 5 \$20 6—9 PM For: all staff/D Training Level 2
 Presenter: Dr. Telly Sellars
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

Do your co-workers check their Facebook page constantly or listen to an IPOD at work? Is their most memorable moment in history September 11 or maybe the assassination of JFK? This work shop will review the importance of understanding each generation represented at work and how this concept can affect motivation, morale, and teamwork.

Nov. 13


Working with Children with Special Needs & Behavior Problems

CDA 1, 4 \$25 9 AM—Noon For: all staff/D Training Level 4
 Presenter: Monica Diasio
 Location: **Strathmoor Presbyterian Church**, 2201 Hawthorne Ave., across from
 Assumption HS, Louisville

This training will explore practical strategies for children with learning differences in your classroom. Participants will also learn how to develop behavior plans to help all of their students be successful, and how to gently tell parents that their child has a suspected learning disability or behavior problem.

Nov. 13

Mind, Body, Spirit, Voice: Holistic Education through MUSIC

CDA 1, 3 \$20 1—4 PM For: Ages 3—5 years Training Level 3
 Presenter: Dr. Laura H. Chipe
 Location: **Strathmoor Presbyterian Church**, 2201 Hawthorne Ave., across 
 from Assumption HS, Louisville

Engagement of the total self through singing, playing, moving and creating allows the child avenues for self-expression, knowledge retention and social skills acquisition. Hands-on instrumental experiences will set these songs in your mind, your body, your spirit and your voice.

Nov. 16
Tuesday

Developing Empathy

CDA 3 \$20 6—9 PM For: Ages 3,4,5's Training Level 3
 Presenter: Amy Vandever
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

Helping children become empathetic, passionate and socially aware

Nov. 20

Emergent Literacy: Helping children Become Young Readers and Writers

CDA 2 \$25 9 AM—Noon For: Ages 3,4,5's Training Level 3
 Presenter: Anna Hall
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

This workshop will introduce literacy activities that will help young children develop into readers and writers. Content is appropriate for preschool teachers (not teachers of infants or toddlers).

Nov. 20

Teaching Math, Science, & Literacy Through Block Play

CDA 2 \$20 1—4 PM For: Ages 3—5 years Training Level 3
 Presenter: Felicia Alfred
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

Learn hot to create a block center full of blockbuster ideas that children will want to explore.

Our Mission . . . to improve the lives of children, by strengthening and supporting the people who care for them.

Dec. 2
Thursday

Leadership Fundamentals: Critical Thinking

CDA 6 \$20 6—9 PM For: All staff/D/AD Training Level 3

Presenter: Dr. Telly Sellars

Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

“Critical thinking is best understood as the ability to take charge of their own thinking” (www.accd.edu). This workshop will discuss concepts such as Rationale, Self-Awareness, Honesty, and Open-mindedness.

Dec. 4

Cradling Literacy Series #3: Using Environments, Relationships, Language and Literacy to Guide Children's Behavior and Address Challenging Behaviors (6 hours)

CDA 3 \$45 9 AM—4 PM For: Ages 3—5 years Training Level 4

Presenter: Nicki Patton Rowe

Location: **Fairfield Inn**, I-64 & Blankenbaker Pkwy, Louisville
Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

Why do children use challenging behaviors and what is the relationship between children's social emotional development and challenging behaviors. Participants will then learn how to use the WARM approach to understand challenging behaviors and strategies for using the environment, relationships, language and literacy to help children develop social-emotional competence and to prevent challenging behaviors.

Dec. 4

Orientation (KY Curriculum as mandated for new staff by KRS.199.896 and KRS199.8982)

CDA 1 & 8 \$45 9 AM—3:30 PM For: New staff Training Level 1

Presenter: Linda T. Bratton

Location: **Strathmoor Presbyterian Church**, 2201 Hawthorne Ave., across from Assumption HS, Louisville

Dec. 4

Getting Children Ready for School

CDA 3, 4 \$20 9 AM—Noon For: Ages 3—5 years Training Level 2

Presenter: Theresa Stewart

Location: The Children's Center @ YUM, 5200 Commerce Crossings, Louisville
(Preston Hwy & Gene Snyder Freeway)

Will the children in your care be ready for school? Learn effective ways to make learning visible to parents, while ensuring that you prepare the “whole” child for school . . . mind, body, social, self, and character.

Dec. 4

Stress Less and Get Organized!

CDA 1, 6 \$20 1—4 PM For: all staff/D Training Level 2

Presenter: Theresa Stewart

Location: The Children's Center @ YUM, 5200 Commerce Crossings, Louisville
(Preston Hwy & Gene Snyder Freeway)

Are you feeling a little stressed? In our modern world it is very difficult, if not impossible, to avoid stressful situations. Learn what you can do to change how you react to stressful situations and how prepared you are to meet them. Organization is key to reducing stress in your life!

Dec. 7
Tuesday

Making Learning Visible to Parents

CDA 4 \$20 6—9 PM For: All staff/D/AD Training Level 2

Presenter: Amy Vandever

Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

How can you make parents understand the hard and amazing work you do every day?

Dec. 10
Friday

Lunch Bunch: Time Management

CDA 5 \$20 1—3 PM For: D/AD/Lead TL 3
 Presenter: Amy Vandever
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway



You can't add hours to the day; instead how can you be more productive?

Dec. 11
Oldham Co

Leadership and Teambuilding

CDA 5 \$20 9:30 AM—12:30 PM For: all staff/D Training Level 3
 Presenter: Dr. Telly Sellars
 Location: Oldham County Public Library, 308 Yager Ave, **LaGrange KY**

This workshop will review the basic elements of leadership and expose the participants to team building strategies and techniques. Activities that identify personal strengths and how to identify strengths in others will be discussed.

Dec. 11
Oldham Co

10 Ways to Destroy Your Workplace

CDA 5 \$20 1—4 PM For: all staff/D Training Level 2
 Presenter: Dr. Telly Sellars
 Location: Oldham County Public Library, 308 Yager Ave, **LaGrange KY**

This workshop will give participants the skills needed to contribute to a productive and positive workplace. Concepts such as trust and employee recognition will be discussed.

Dec. 16
Thursday

Putting the Pieces Together

CDA 5 \$20 6—9 PM For: All staff/D/AD Training Level 3
 Presenter: Amy Vandever
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

What can you do to take your classroom/center to the next level?

Jan. 8

Orientation (KY Curriculum as mandated for new staff by KRS.199.896 and KRS199.8982)

CDA 1 & 8 \$45 9 AM—3:30 PM For: New staff Training Level 1
 Presenter: Linda T. Bratton
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

Jan. 8

Working with Children with Learning and Behavioral Needs and their Families

CDA 3, 4 \$20 9 AM—Noon For: Ages 3—5 years Training Level 3
 Presenter: Theresa Stewart
 Location: The Children's Center @ YUM, 5200 Commerce Crossings, Louisville
 (Preston Hwy & Gene Snyder Freeway)

Is it that a child *won't* or *can't*? So many children with special needs have behavior problems built into their diagnoses, and may act out due to impulses or self-protective routines that we can't understand. That doesn't mean you have to accept chaos as a way of life. What's going on? More importantly, what can we do about it?

Jan. 8

Growing Little Scientists in Your Classroom

CDA 2 \$20 1—4 PM For: Ages 3—5 years Training Level 3
 Presenter: Theresa Stewart
 Location: The Children's Center @ YUM, 5200 Commerce Crossings, Louisville
 (Preston Hwy & Gene Snyder Freeway)

Science is everywhere! Children are natural scientists, ready to feel, see, find, and discover the world all around them. For our littlest scientists, the whole wide world can be a laboratory for learning. Learn how to nurture children's natural curiosity with a treasury of hands-on science activities.

Jan. 11
Tuesday

Using Books, Pictures, Language Materials and Conversations to Foster Language Development

CDA 1, 2 \$20 6—9 PM For: Ages 3—5 years Training Level 3
 Presenter: Nicki Patton Rowe
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

Children learn language by hearing and using language. During this session, participants will learn how to use books, pictures, language materials and conversation to intentionally foster children's language development by establishing an environment where language exploration and usage is encouraged. NOTE: This session is designed to help you **improve ECERS score** on items #15, 16, and #18 (Language-Reasoning sub-section.)

Jan. 15

Multiple Intelligences & Teamwork

CDA 6 \$20 9 AM—Noon For: all staff/D Training Level 3
 Presenter: Dr. Telly Sellars
 Location: Jameson Inn **Fern Valley & I-65**, 6515 Signature Dr, Louisville
 (behind Thornton's Gas)

Participants will review the Theory of Multiple Intelligences and discuss relationship-building strategies to enhance teamwork.

Jan. 15

Building Strong Relationships at Work & Home

CDA 4, 5 \$20 1—4 PM For: all staff/D Training Level 2
 Presenter: Dr. Telly Sellars
 Location: Jameson Inn **Fern Valley & I-65**, 6515 Signature Dr, Louisville
 (behind Thornton's Gas)

Building and maintaining strong relationships is very important for child care professionals. The focus of this workshop is exposing participants to interpersonal skills that can be used to improve communication and increase relationships at work and home.

Jan. 20
Thursday

Motivation 101: Staying Motivated at Work

CDA 5,6 \$20 6—9 PM For: all staff/D Training Level 2
 Presenter: Dr. Telly Sellars
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

This workshop will focus on creating a motivating environment for yourself and the individuals involved in your center. Participants will engage in activities that identify personal motivators and develop specific strategies to stay engaged at work.

"This workshop has a WOW factor! Lots of great information and interaction with others." Unsigned

"You kept us engaged for 6 hours and it seemed like 15 minutes. Thank you." Betty Cecil

"I have really enjoyed today! You are a great teacher—just shows learning can be fun!"

Bobbie K. Troutman

Jan. 22

Cradling Literacy Series #4: Effective Teaching Strategies for Supporting Social-Emotional Literacy (6 credit hours)

CDA 3 \$45 9 AM–4 PM For: Ages 3—5 years Training Level 3
 Trainer: Nicki Patton Rowe
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

Social-emotional literacy is a child's ability to recognize, label and understand feelings. It underlies a child's ability to regulate his/her emotions and build positive relationships. Children that have not developed social-emotional literacy skills before entering kindergarten are more likely to be at risk of school failure. During this session, participants will learn how to be more intentional about teaching social emotional skills, using books and other strategies to promote the development of friendship skills, feeling vocabularies, anger management skills, etc.

Jan. 25
Tuesday

Using Activities, Materials and Conversations to Help Children Develop Abstract Reasoning Skills

CDA 2, 3 \$20 6—9 PM For: Ages 3—5 years Training Level 3
 Trainer: Nicki Patton Rowe
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

How to help children learn key abstract concepts such as same/different, classifying, sequencing, one-to-one correspondence, spatial relationships, etc. You will learn how to use descriptive language, expand on children's ideas and use questions to help children learn as they play in the block, art, sand/water, science and math areas.

NOTE: This session is designed to help you improve your ECERS score on item #17

Jan. 28
Friday

Lunch Bunch: Keeping Morale Up

CDA 5 \$20 1—3 PM For: D/AD/Lead TL 3
 Presenter: Amy Vandever
 Location: **Country Inn & Suites**, I-64 & Blankenbaker Pkwy, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder Freeway

How do you create a positive working environment?



Jan. 29

Quality Infant & Toddler Programming

CDA 1, 5 \$20 9:AM—Noon For: 0- 2 yrs/D/AD Training Level 3
 Presenter: Julie Leezer
 Location: **Strathmoor Presbyterian Church**, 2201 Hawthorne Ave., across from
 Assumption HS, Louisville

Participants will gain knowledge on key indicators that are evident in quality early care and education programs. Through active learning, presenter will provide participants with resources that define quality. Presenter and participants will partner to develop action plans to quality programming.

Jan. 29

What is ART for Infant and Toddlers?

CDA 1, 2 \$25 1—4 PM For: Infant/Toddler Training Level 2
 Presenter: Rebekah L. Donovan
 Location: **Strathmoor Presbyterian Church**, 2201 Hawthorne Ave., across from
 Assumption HS, Louisville

During this session we will explore what art is at this young age. We will discuss ways to expose young children to many types of media so the focus stays on process not product. Open discussion and hands-on experiments. Please **BRING** your favorite art activity idea.

All trainers are certified with a
 Kentucky EC Trainer Credential

REGISTRATION

FAX (502) 327-6250

CALL 1-800-800-6217 or 502-327-6393



**Did you know ?
We accept Visa/Master Card**

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Child Care Center _____

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Contact _____ Position _____ Phone _____

E-mail address _____

After Hours Phone/Cell _____

Name/ Age Group

Date/ Workshop Attending/ Location

Workshops are not designed for children in attendance.
Room temperature varies. Suggestion: bring jacket or sweater for comfort

SPACE IS LIMITED—PLEASE REGISTER NOW so you're not disappointed!



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Workshop Sites close to you ...



Fairfield Inn @ I-64 & Blankenbaker Pkwy. Louisville
Fern Valley Jameson Inn @ I-65 & Fern Valley Rd., Louisville
Country Inn & Suites @ I-64 & Blankenbaker Pkwy., Louisville
Strathmoor Presbyterian Church @ Hawthorne Ave/ Bardstown Rd., Louisville
The Children's Center @ YUM! Brands @ Gene Snyder & Preston Hwy., Louisville
Oldham Co. Public Library @ LaGrange KY



We're on the Web...
www.resourcesforbetterliving.com

Resources for Better Living Inc.

Our Mission . . . to improve the lives of children, by strengthening and supporting the people who care for them.