

Early Childhood and SA Professional Development

Jan 26
2008

Gardening Makes "Sense"

CDA 2, 3 \$40 9 AM—4 PM For: 3-5's Training Level 3
 Presenter: Carol Henson, retired Physical Therapist/Gardner and Anna Hall, Preschool Teacher
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

Would you like to see your curriculum blossom? Learn from a teacher/gardener team how to design your own sensory garden that will encourage your children to see, hear, smell, taste and touch. Discover how to use your garden to stimulate language development, improve motor skills, and increase opportunities for real-life science and math.

Feb 2
2008

Orientation (KY Curriculum as mandated for new staff by KRS.199.894)

CDA 1 & 8 \$40 9 AM—4 PM For: new staff Training Level 1
 Presenter: Linda Bratton
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

Feb 2
2008

Bullying: The Why and How

CDA 3 \$20 9 AM - Noon For: Ages 3 years—SA Training Level 2
 Presenter: Kim Tabler
 Location: Jameson Inn, **Fern Valley Rd. & I-65** across from Holiday Inn
 Discuss the reasons why children become "bullies" and learn strategies for dealing with bullying behaviors in the classroom. Bullying is a LEARNED behavior.

Feb 2
2008

The Process, not the Product: *Making the most out of Arts and Crafts*

CDA 2 \$25 1—4 PM For: Ages 3 years—SA Training Level 2
 Presenter: Kim Tabler,
 Location: Jameson Inn, **Fern Valley Rd. & I-65** across from Holiday Inn
 This is not just your everyday make-and-take class. You will learn why art is important to children's development and how to make the most of this special time.

All trainers are certified with a
Kentucky EC Trainer Credential

Feb 9

Routines & Strategies for Smooth Transitions

CDA 1, 3 \$20 9 AM - Noon For: Ages 3–5 yrs. Training Level 3
 Presenter: Gale Barnes
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

This workshop discusses how to provide a consistent routine in the childcare or preschool day, why routines are important, and how to move smoothly from routine or activity to another.

Feb 9

YOGA for Children

CDA 1 \$25 1–4 PM For: Ages 3 yrs—SA Training Level 3
 Presenter: Mary Beth Clements, RN
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

Participating in yoga helps make children alert and flexible. Yoga helps children learn how to deal with stress; it boosts self-esteem and confidence. You will be able to perform at least four yoga poses that can be used with children. Come dressed in comfortable clothing, since there will be active participation.

Feb 16

Tips for Creating a Positive Learning Environment

CDA 6 \$20 9 AM - Noon For: All Ages/ D Training Level 3
 Presenter: Linda Bratton
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

Ever dread getting up to go to work in the morning? Ever wish the environment where you work was more upbeat? In this interactive workshop we'll talk about tips that can help us create a work environment that is more positive.

Feb 16

TEAM Building

CDA 5, 6 \$20 1–4 PM For: All Ages/ D Training Level 3/4
 Presenter: Linda Bratton
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

Is everyone in your center working toward the same goal? Does everyone feel part of the team? This session will discuss the 4 principles of professional behavior that will help build teamwork and team spirit for you, staff and the children.

Feb 23

Learning & Sensory Integration

CDA 3,6,7 \$40 9 AM–4 PM For: 2–6 years/ SA Training Level 4
 Presenter: Karole Doran, OTR/L
 Location: Archdiocese of Louisville **Flaget Conference Center**, Lewiston Dr., Shively
 Sensory-motor integration as a foundation for emotional development, learning, and behavioral regulation will be discussed; including symptoms of function and dysfunction. Practical strategies to help children with typical and challenging behaviors and to decrease everyone's stresses will be shared in this interactive workshop.

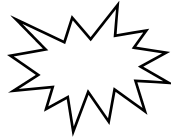
Thursday
Feb 28**Multiple Intelligences Part 1** (see front page of newsletter)**Musical Intelligence and Logical/Mathematical Intelligence**

CDA 6 \$20 6:30–8:30 PM For: All Ages Training Level 3
 Presenter: Kim Tabler,
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

March 1

Orientation (KY Curriculum as mandated for new staff by KRS.199.894)
 CDA 1 & 8 \$40 9 AM–4 PM For: new staff Training Level 1
 Presenter: Linda Bratton
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

March 8



Summer Planning for School Aged

\$15 each session or \$40 all day
 9 am–11 am Ages 5–7 years
 11:30–1:30 am Ages 7–9 years
 2–4 pm Ages 9–12 years

Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville Presenter: Kim Tabler

It's not too early to be thinking about summer plans for your school ageders! Come discover fun, age-appropriate activities for those full days of school age childcare. Each two hour segment will focus on a specific age group. Participants may attend any or all of the sessions.

Thursday
Mar 13

Multiple Intelligences Part 2 (see front page of newsletter)

Visual/Spatial Intelligence and Bodily/Kinesthetic Intelligence

CDA 6 \$20 6:30–8:30 PM For: All Ages Training Level 3
 Presenter: Kim Tabler
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

Mar 15

Healthy Eating for Kids

CDA 1 \$20 9 AM - Noon For: All Ages Training Level 2
 Presenter: Mary Beth Clements, RN
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

Each year the number of overweight children increases and along with that the risk of certain diseases, including diabetes, high blood pressure and heart disease. In this class you will learn to make healthier food choices for children and help children make healthier food choices for themselves.

Mar 15

Kids in Motion

CDA 2 \$20 1–4 PM For: All Ages Training Level 2
 Presenter: Mary Beth Clements, RN
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

Participants will learn lots of ways to keep kids moving! This workshop addresses the need for physical activity during childhood and the risks of inactivity.

Thursday
Mar 27

Multiple Intelligences Part 3 (see front page of newsletter)

Interpersonal and Intrapersonal Intelligence

Verbal/Linguistic Intelligence

CDA 6 \$20 6:30–8:30 PM For: All Ages Training Level 3
 Presenter: Kim Tabler
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

April 5

Orientation (KY Curriculum as mandated for new staff by KRS.199.894)
 CDA 1 & 8 \$40 9 AM–4 PM For: new staff Training Level 1
 Presenter: Linda Bratton
 Location: Jameson Inn, I-64 & Blankenbaker Pkwy. Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

Institute
April 19

It's here! The Dr. is in!

Annual Resources Training Institute:

9 AM - Noon **AUTISM**
 1 – 4 PM **MUSIC THERAPY and AUTISM**
 CDA 2,3,6 \$60 For: All Ages/ D Training Level 4
 Location: Ramada Zorn, 1041 Zorn Ave., Exit #2 off I-71, Louisville
 Presenters: Paul E.A. Glaser, M.D., Ph.D. and Patricia Guobis, M.M., MT-BC

Due to the rise in children diagnosed with autism and autism spectrums disorders, it is common to have these children in your daycare, preschool, and after care settings. It is essential for all care givers and teachers in these settings to be familiar with the signs of autism, familiar problems that can arise, and ways to help reduce problems and maximize the setting for these children.

In this workshop we will go over the common diagnostic signs of children on the autism spectrum, common problems that you may encounter in a child care/preschool setting, and practical ways to interact and structure your setting to help maximize the child's experience.

Children with autism have a heightened interest and response to music, making it an excellent tool to develop verbal and nonverbal communication as well as social skills. Interactions that involve musical activities can be motivating, enjoyable and provide success-oriented opportunities. **This workshop will help you learn skillful ways to use music so that the child may become more independent and aware as well as more able to interact and communicate with others.**

April 26

How Adult Temperaments Affect Young Children

CDA 6 \$20 9 AM - Noon For: All Training Level 3
 Presenter: Kim Tabler
 Location: Archdiocese of Louisville **Flaget Conference Center**, Lewiston Dr., Shively
 This workshop is designed to show Adults how your temperament and personality affect the learning of young children and how it may conflict with the children in your classroom.

We're on the WEB!
www.resourcesforbetterliving.com

April 26

Positive Communication

CDA 6 \$20 1—4 PM For: All Training Level 2
 Presenter: Kim Tabler
 Location: Archdiocese of Louisville **Flaget Conference Center**, Lewiston Dr., Shively
 Brush up on effective communication skills and see how the power of good communication can build relationships with both children and adults.

May 10

Orientation (KY Curriculum as mandated for new staff by KRS.199.894)

CDA 1 & 8 \$40 9 AM—4 PM For: new staff Training Level 1
 Presenter: Linda Bratton
 Location: Archdiocese of Louisville **Flaget Conference Center**, Lewiston Dr., Shively

May 10

Supporting Emerging Literacy

CDA 1, 8 \$20 9 AM - Noon For: Infant, Tod, Pre Training Level 3
 Presenter: Gale Barnes
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

This workshop provides a background on how language develops and how the foundations for literacy are laid in these early years. Activities will focus on recommended practices that support early literacy. Hands-on activities will provide the opportunity to construct visuals that are part of the newly learned finger plays.

May 10

Sharing MUSIC with Children

CDA 2 \$20 1—4 PM For: 0—5 yr
 Training Level 2
 Presenter: Miriam Klein
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.**
 Exit 17, approx. 1 1/2 miles from Gene Snyder



Early childhood is the window of opportunity for developing lifelong music skills. This hands-on workshop will show how you can have fun leading music activities for babies and young children, even if you don't feel musically skilled yourself. **No music experience necessary!**

May 17

Brain Development: *What's Going On in There?*

CDA 2 & 8 \$20 9 AM - Noon For: 0—5 yr Training Level 2
 Presenter: Kim Tabler
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.**, Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

Learn the basics of how children's brains develop, developmental milestones and how this can apply to the classroom. Through discussion and hands-on activities, discover ways that you can affect children's development every day.

May 17

What do you do with the MAD that you feel?

CDA 3 \$20 1—4 PM For: All Training Level 3
 Presenter: Kim Tabler
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder

This workshop explores anger. . . where it comes from, and how young children can gradually learn the self-control necessary to manage their anger and channel it into productive activity. It also suggests ways teachers and parents can intervene when children act out or lose control. This training curriculum was designed by Family Communications Inc, founded by children's TV host Mr. Rodgers, and is based on his philosophy.

June 7

Orientation (KY Curriculum as mandated for new staff by KRS.199.894)
 CDA 1 & 8 \$40 9 AM–4 PM For: new staff Training Level 1
 Presenter: Linda Bratton
 Location: Jameson Inn, **Fern Valley Rd. & I-65** across from Holiday Inn

June 14

Lesson Plans for Infants & Toddlers
 CDA 2 \$20 9 AM - Noon For: Infants/ Tod/ 2's. Training Level 2
 Presenter: Kim A. Lovell
 Location: Archdiocese of Louisville **Flaget Conference Center**, Lewiston Dr., Shively
 This workshop will discuss the importance of planning and the connection to classroom environment. The presenter will explain the use of planning forms and show examples to be used with different ages. Participants will do a group Lesson Plan to take home.

June 14

Art Activities for Infant/Toddlers: *Make & Take*
 CDA 2 \$25 1 – 4 PM For: Infants/Tod/2's Training Level 2
 Presenter: Kim A. Lovell
 Location: Archdiocese of Louisville **Flaget Conference Center**, Lewiston Dr., Shively
 Activities which foster children's development of respect for self and others, self-control, and self-direction. All hands-on learning activities. **Bring markers, scissors.**

June 21

When Teachers Meet the Challenges of Sensory Processing Dysfunction (SPD)
 CDA 6 \$40 9 AM - 4 PM For: All ages/D Training Level 3
 Presenter: Karole A. Doran, OTR/L
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder
 Introduction to Sensory Processing Dysfunction—symptoms, frequency, separating SPD from behavioral, language processing or motor irregularities—and how to handle them.

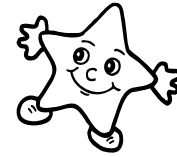
June 28

Punished by Rewards
 CDA 3 \$20 9 AM - Noon For: All Training Level 3
 Presenter: Kim Tabler
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder
 Based on the book "Punished by Rewards" by author Alfie Kohn, this workshop will explore the idea that rewards are not the only way to teach children how to behave. Come prepared to discover an entirely new way of thinking about children's behavior, and learn practical ways to help develop "good kids without goodies".

June 28

Baby Signing
 CDA 3 \$20 1 – 4 PM For: Infants/Tod/ 2's Training Level 1
 Presenter: Kim Tabler
 Location: Jameson Inn, **I-64 & Blankenbaker Pkwy.** Louisville
 Exit 17, approx. 1 1/2 miles from Gene Snyder
 Have fun signing with babies and toddlers. It's easy. Signing with babies, whether hearing or deaf, has proven to be beneficial. Communicating with little ones by signing will boost IQ and language development. Come and learn a new way to help your babies and toddlers learn.

***Our Mission . . . to improve the lives of children,
 by strengthening and supporting the people who care for them.***



Early Childhood And School Age Professional Development

LaGrange Kentucky
Oldham County

March 1
2008

Large Motor Skills: *Go, Go, Go!*

Saturday, March 1, 10 am – 1 pm

CDA 2 Training Level 3 For: Pre-SA Cost: \$20
Trainer: Kim Tabler Location: LaGrange Community Center (in the Gym)

Come and learn ways to incorporate active play in your program. We will spend most of this workshop actually playing gym games and learning to adapt those games to your children's various needs.

March 1
2008

Brain Development: *What's Going On in There?*

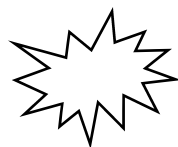
Saturday, March 1, 1:30 pm – 4:30 pm

CDA 2 & 8 Training Level 2 For: 0-5 yr. Cost: \$20
Trainer: Kim Tabler Location: LaGrange Community Center

Learn the basics of how childrens' brains develop, developmental milestones and how this can apply to the classroom. Through discussion and hands-on activities, discover ways that you can affect children's development every day.

Presenter: Kim Tabler
Location: LaGrange Community Center

March 29
2008



Summer Planning for School Ageds

\$15 each session or \$40 all day
10 am—Noon Ages 5-7 years
12:30—2:30 pm Ages 7—9 years
2:30—4:30 pm Ages 9—12 years

It's not too early to be thinking about summer plans for your school ageds! Come discover fun, age-appropriate activities for those full days of school age childcare. Each two hour segment will focus on a specific age group. Participants may attend any or all of the sessions.

June 14
2008

Screening & Assessment: *How to build a strong foundation for school success*

Saturday June 14

10 am – 1 pm

CDA 7 Training Level 3

For: Birth - Age 5 Cost: \$25

Trainer: Christi Leonard

Location: LaGrange Community Center

Do you know the appropriate expectations for young children birth to age 5 years? What new skills do the children need to learn? This workshop will show you ***how to use the Kentucky Early Childhood Standards*** to improve the quality of your services. With this guide you can develop learning goals and plans that make sure all areas of the child's development are being addressed.

June 14
2008

Sleep: *How it Relates to Atypical Behavior in Children*

Saturday June 14

1:30—4:30 pm

CDA 3 Training Level 3

For: Birth—SA Cost: \$20

Trainer: Christi Leonard

Location: LaGrange Community Center

How much sleep does a 5 year old need? What about a 9 year old? The trainer will offer some insights into reasons WHY negative behavior can happen and offer suggestions that may help.

We're on the WEB!
www.resourcesforbetterliving.com

All trainers have Kentucky Early Care & Education
Trainer's Credential

Would you like to have a private workshop ?

Resources For Better Living Phone 502-327-6393 or 800-800-6217

www.resourcesforbetterliving.com

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REGISTRATION

FAX (502) 327-6250

CALL 1-800-800-6217 or 502-327-6393



**Did you know ?
We accept Visa/Master Card/
Discover**

**Clip form, complete, attach check* and mail to:
Resources For Better Living
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Louisville, KY 40252-0448**

Child Care Center _____

Address _____

Street

City

State

Zip

Contact _____ Position _____ Phone _____

E-mail address _____

After Hours Phone/Cell _____

Name/ Age Group

Date/ Workshop Attending/ Location

Workshops are not designed for children in attendance.
Room temperature varies. Suggestion: bring jacket or sweater for comfort

SPACE IS LIMITED—PLEASE REGISTER NOW so you're not disappointed!



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Annual Resources Institute

April 19, 2008

AUTISM And MUSIC THERAPY